

To find out more about Anglicare
Central Queensland's youth services,
please contact your nearest office:

Barcaldine: (07) 4651 2161
Biloela: (07) 4992 2421
Blackwater: (07) 4982 6535
Emerald: (07) 4982 4062
Moura: (07) 4997 3473
Longreach: (07) 4658 0431

Or call 1300 769 814 from a landline to be connected to your nearest AnglicareCQ office for the cost of a local call.

Email: youthintake@anglicarecq.org.au for information, advice and referral.









## YOUTH SUPPORT

We're working with young people around Central Queensland to help them grow into the strong, confident citizens of tomorrow.

We work with people from 12 to 18.
Our services target young people who are:

- Disconnecting from family, community or support networks
- Disengaging from school, training or employment
- At risk of harm, including self-harm
- Homeless or at risk of homelessness

We provide early intervention for young people at risk, to prevent harm, homelessness and negative

health outcomes, and keep you an engaged and actively contributing member of your community. Our youth support services work towards these outcomes:

Positive relationships with family and community

Engaged in education, training or employment

Healthy, violence free life

Safe and stable place to live

Our Youth Workers have a broad knowledge of other services and resources available in our communities so that we can offer collaborative

approaches that are responsive to young people's needs.

HOW WE DO IT

We provide three main kinds of services through Youth Support:

Access services help you get the information you need to work through your particular situation. It means providing resources, and putting you in touch with specialist services if you need them. We can help you explore your education and training options, and look after your mental and physical health. We can also give you tools to deal with issues like drug and alcohol use and domestic violence.

Support services provide one on one support, working with you to identify your goals and make plans to reach them. We can help you develop life skills and coping mechanisms, and learn the skills you'll need as an adult and a parent. We are here to support, listen and help you every step of the way.

If you have a lot going on, our integrated response services provide case management to help you keep it all together. We can also make sure the different services and agencies you work with are all co-operating and know what's going on.