



PBL PARTICIPATE

**SET REALISTIC GOALS TO IMPROVE YOUR
LEARNING**

LEARNING INTENT: STUDENTS WILL UNDERSTAND WHY IT IS IMPORTANT TO SET LEARNING GOALS

- Success criteria:
 - Understand what the SMART goal framework is.
 - Set learning goals for each of their subjects.
- Vocabulary:
- SMART Goals

WHAT IS A LEARNING GOAL:

- Each lesson we have a **LEARNING EXPECTATION** which is a learning goal that the class aims to achieve by the end of the lesson
- Our success criteria is **HOW** we will achieve that goal
- Our vocabulary are the **WORDS** we need to understand to achieve that goal

- You should have your own **LEARNING GOALS** that you wish to achieve each term, semester and year that you want to achieve in each subject. These can vary and can be **PERSONAL, WORK, SPORT** or **SCHOOL** related.
- While there are many ways to create goals, the most proven way is through the **SMART** goals framework.

SMART GOALS:



S

Specific

Who, What, Where,
When, Why, Which

Define the goal as much
as possible with no
ambiguous language.

WHO is involved, WHAT
do I want to accomplish,
WHERE will it be done,
WHY am I doing this
(reasons, purpose),
WHICH constraints /
requirements do I have?



M

Measurable

From and To

Can you track the
progress and measure
the outcome?

How much, how many,
how will I know when
my goal is
accomplished?



A

Attainable

How

Is the goal reasonable
enough to be
accomplished? How so?

Make sure the goal is
not out of reach or
below standard
performance.



R

Relevant

Worthwhile

Is the goal worthwhile
and will it meet your
needs?

Is each goal consistent
with other goals you
have established and
fits with your
immediate and long
term plans?



T

Timely

When

Your objective should
include a time limit. "I
will complete this step
by month/day/year."

It will establish a sense
of urgency and prompt
you to have better time
management.

CREATE A SMART GOAL

- Create a SMART goal for one subject. It might be a good idea to create this goal for either the subject you are currently in OR a subject you are currently facing some challenges in.
- Examples of goals:
 - To achieve at least 4 Bs on my Semester 2 report card.
 - To achieve Excellent in every subject for effort.
 - To beat my own personal best time for 200m freestyle.
 - To do my best in Maths and not be distracted by others.
 - To arrive at class on time, with all required materials and be lined up before the second bell rings.
 - You will then break this down into S M A R T so make sure you can define, measure, attain the goal and it is relevant and timely to you right now!