

Please read and sign the check list below in relation to Covid-19

Preventing the spread of infection in a workplace.

For work experience students:

- ☐ Clean your hands regularly with soap and water or alcohol-based hand sanitiser.
- Cover your nose and mouth with a tissue or bent elbow when coughing or sneezing, dispose of tissues immediately after use and wash your hands or apply hand sanitiser.
- Avoid touching your face, nose and mouth and shaking hands.
- Avoid close contact with anyone who is unwell. Try to stay 1.5 metres away from anyone coughing or sneezing.
- Stay home if you are unwell.

Student signature: _____

For employers:

- Provide hand washing facilities and make sure these are kept clean, properly stocked and in good working order.
- Provide soap or alcohol-based hand sanitiser if available, tissues and cleaning supplies.
- Promote good hygiene practices
- Ensure staff are practicing Covid safe social distancing
- Keep the workplace clean and hygienic. Regularly cleaning high-touch surfaces such as door handles and workstations helps prevent contamination.
- Arrange for the person to be sent home or access medical assistance if required.
- Follow advice from health authorities on social distancing and public gatherings

Employer signature: _____

