



# PCYC Braking the Cycle program.

PCYC Braking the Cycle is a learner driver mentoring program that empowers young people currently facing barriers, to undertake the mandatory 100 hours of supervised driving required to obtain their licence.

Braking the Cycle matches young drivers with a volunteer mentor, and provides a safe vehicle to support participants to achieve their licence.

Mentors not only provide practical instruction to help participants develop positive road safety attitudes and safe driving behaviours, they offer encouragement, positive support and community connection.

## Goals

Obtaining a driver's licence assists young people to secure employment, access further education and training opportunities, and remain connected to family and friends. This mobility is a particularly important aspect for those living in remote and rural communities, where public transport is limited.

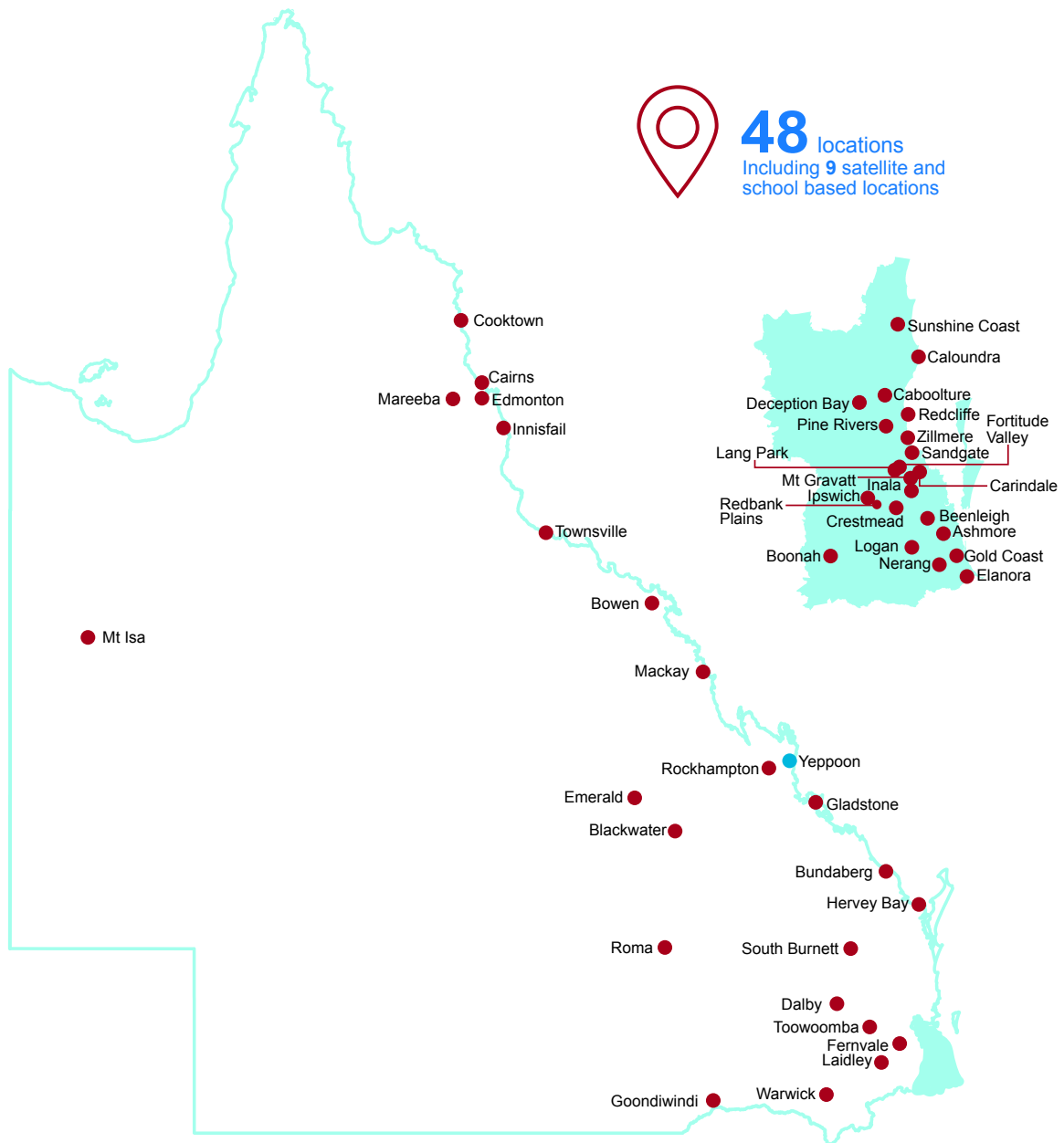
Braking the Cycle aims to create safer young drivers and increase social inclusion and workforce participation of disadvantaged at risk young people through mentoring, education and assistance to obtain a driver's licence.

## Outcomes

- Improved safe driving behaviours
- Improved driving skills that reduce traffic crashes
- Improved access to employment, training and education
- Greater employability (an average of 70% graduates gain employment or go onto further education within 3-6 months of gaining a licence)
- Reduced risk of social exclusion
- Positive connections between participants and community mentors



**48** locations  
Including 9 satellite and  
school based locations



### Since inception



**4,471**

participant/  
students involved



**780**

mentors involved



**1,891**

licences



**106,606**

driving hours

### Program Delivery

<b>Who</b>	Young people aged 16-25 years with a learner's permit
<b>What</b>	Learner driver mentor program assisting young people facing barriers to obtain their licence
<b>Where</b>	48 locations state-wide
<b>When</b>	On a needs basis, negotiated between mentor and participant
<b>How</b>	One-on-one support provided by mentors, vehicle provided
<b>Referrals</b>	Online referrals can be made via the website or via clubs directly