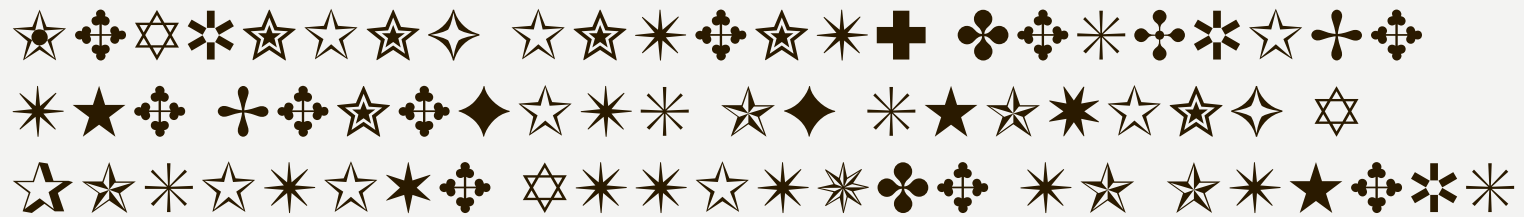


**SHOW A POSITIVE  
ATTITUDE TOWARDS  
EVERYONE**



- **Success Criteria**

- Identify the difference between a positive and negative attitude
- Describe the benefits of having a positive attitude at school

- **Vocabulary:**

- Positive, attitude

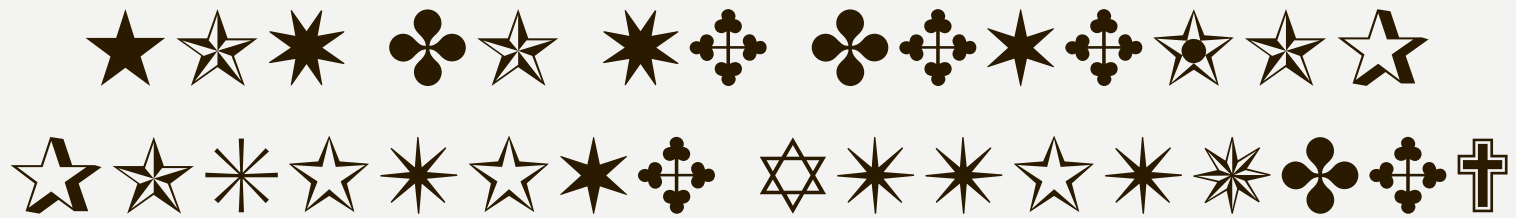
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# What is a positive attitude?

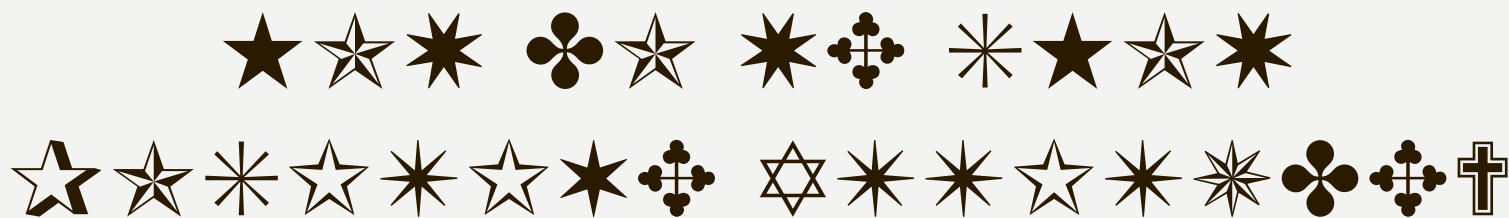
- “is a concept in psychology. Attitudes are positive or negative views of an “attitude object”: ie a person, behaviour or event
- It is a state of mind or feeling; disposition...

**Your attitude  
and not your aptitude  
determines your altitude**





- **Surround yourself with positive people**
- **Focus on positive thinking**
- **Create a morning routine**
- **Aim for eight hours of sleep each night**
- **Develop physical exercise habits**
- **Practise gratitude**
- **Set meaningful goals**
- **Pursue a hobby**



- Motivating those around you with a positive word.
- Being friendly to those you don't know.
- Having a good time even when you are losing.
- Being happy for someone else's success.
- Making someone's day. (Not just a child's... adult's like to have their day be special, too!)
- It's not complaining no matter how unfair things appear to be. (It is a waste of time... instead, do something!)
- Giving more than you expect to get in return.



- Fellow classmates
- Students in other classes
- Students in other year levels
- Teacher Aides
- Teachers
- Administration Staff
- Cleaners
- Grounds person
- In fact “others” is everyone that you come in contact with (not only at school)





## Positive Mental Attitude

Reduces stress

Increases collaboration

Sparks proactive action

Creates healthy work environment

Improves time management

Builds better relationships

Boosts creativity



Redbooth  
Security Technology



If you want to learn to  
develop a positive  
attitude speak to your  
HOY.

- Year 7 – Miss Watkin
- Year 8 – Mr  
Coromandel
- Year 9 – Miss Venardos
- Year 10 – Mr Sanson
- Year 11 – Mrs Jarvis



- Be inclusive of others and show politeness.
- Celebrate the diversity of students at our school and in our community.
- Do not tolerate discrimination towards others.
- Report any discrimination on STYMIE
- It is your human right to celebrate